

JULY 2017

Wellesley Times



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Upcoming Monthly Bus Outings

A Message from the Manager of Programs and
Volunteer Services...

Hello Everyone!

It seems as though we are in for a wet summer. I want to remind everyone that although it may be rainier than usual it is still hot! Here are some tips to remember during our warm summer days: drink lots of water to keep hydrated, wear sunscreen (the sun can still reach you on cloudy days), wear light clothing and don't forget your hats and sunglasses!

The Life Enrichment Department is dedicated to providing you with plenty of opportunities to get out and enjoy the summer weather. Please take a look at our calendar and note what's happening this month...

Outing Schedule:

July 4th: Against the Grain Lunch
July 7th: Sunshine Centre for Seniors
July 11th: Burds Fish Farm
July 18th: Picnic in the Park
July 19th: Fallsview Casino
July 24th: Sunshine Centre for Seniors
July 27th: Swimming Club

Highlights:

Happy Birthday Canada – July 1st
Birling Band – July 6th
Dixon Hall Bingo & Gardening – July 10th
Cultural Day: July 17th
Horticultural Therapy – July 20th
Paint Night & Mocktails – July 31st

Happy Canada Day Everyone!

Kayla Johnston
Manager of Programs and Volunteer Services

Family Council update

Family Council will not be meeting over the summer months. Meetings will resume in the fall with the next one being on:

Tuesday, September 5th 2017
at
7:00 PM
in
The Chapel

We hope that everyone has an opportunity to enjoy the summer. Hope to see you at our meeting in September.



The Travelling Tuck Shop!

The Travelling Tuck shop will be visiting every Tuesday afternoon! Make sure to check the calendar each month to see the dates and times it Will be on your floor!



Just keep...

SWIMMING!



The Swimming Club will be going swimming on Thursday July 27 2017! Let a Life Enrichment staff know if you would like to attend!

Cultural Day

Our multicultural day this month will be held on

Monday July 17th 2017.

We will be celebrating **TRINIDAD and TOBAGO!**

Some of the programs you can participate in are Discussions, Trivia, Traditions and the Cultural Day Party!



Happenings at Wellesley Central Place...

HELLO JULY!

Make sure to make a note in your calendars for all of the exciting programs coming this month...

Happy Birthday Canada!

July 1

1:1 Smile Serenades

July 3

Sing A Long with Kathy

July 6

Birling Band

July 6

Bible Study with Soul Winners

July 8

Dixon Hall Bingo

July 10

Birthday Party

July 12

Horticultural Therapy

July 20

Soul Winners Gospel Choir

July 16

Horticultural Therapy

July 20

Where am I Trivia

July 24

Paint Night and Mocktails

July 31

Green Thumb Club

July 31

Smile Serenades



Just Busy Dancing and Singing



“ Call me?”



Just keep singing...

Local & Community Happenings in July 2017



Canada 150: Discovery Way

Canada 150: Discovery Way, the Ontario Science Centre's year-long installation about the stories behind transformational Canadian inventions and innovations, from the lightbulb to the flight recorder

When:

February 12, 2017 – November 12, 2017

Where:

Ontario Science Centre, 770 Don Mills Rd, Toronto



It's All Happening So Fast at The University of Toronto

It's All Happening So Fast, on display at the University of Toronto's Art Museum, is an exhibition that employs a multitude of materials to create intersecting narratives by multiple voices – including protagonists of the modern project, Indigenous Peoples, environmentalists, judges, artists, and photographers to challenge basic assumptions about Canada's relationship to nature. Each of the exhibition's narrative sequences includes environmental disasters representing six organizing themes: the failure of the modern project; resource exploitation in Canada's northern territories; development of energy infrastructures; nuclear contamination; water and air pollution; and industrial fishing and forestry operations.

When:

May 3th, 2017 – July 15th, 2017

Where:

U of T Art Centre- 15 Kings College Circle, Toronto



The Wizard of OZ

Experience the beloved family tale, The Wizard of Oz, at the Lower Ossington Theatre beginning this June. The production tells a story of a Kansas farm girl who travels over the rainbow to discover the magical power of home. Tickets begin at \$54.99.

When:

June 16th, 2017 – August 27th, 2017

Where:

Lower Ossington Theatre, 100A Ossington Ave, Toronto

Local & Community Happenings in July 2017



Odysseo

The internationally acclaimed entertainment company Cavalia brings its latest production Odysseo to Mississauga this summer. Odysseo transports spectators to a new level of beauty, grace, and magic. The show features 65 magnificent horses and 48 talented riders, acrobats, dancers, stilt walkers and musicians. Tickets are priced from \$39.50 to \$139.50

When:

June 21st, 2017 – July 17th, 2017

Where:

Hershey Centre- 5500 Rose Cherry Place, Mississauga



Waterfront Artisan Market

Back for its second year, the Waterfront Artisan Market will make Toronto's waterfront will come alive every Saturday from May 20 until October in HTO Park. Presented by The Waterfront Business Improvement Area (BIA) and operated by Scadding Court Community Centre, Toronto's waterfront open-air market features a carefully curated mix of 75 local, up-and-coming artisans, crafters, chefs and bakers.

When:

May 20st, 2017 – October 7th, 2017

Where:

HTO Park, Toronto



I Remember: VIMY 100

This exhibit is the result of the reflections of photojournalist Racheal McCaig on the magnificence of a monument commemorating the Battle of Vimy Ridge: an affirmation of a young country that has now reached adulthood and a decisive moment in Canada's history.

When:

June 20th 2017- July 31st 2017

Where:

Alliance Française Toronto 24 Spadina Rd, Toronto

Local & Community Happenings in July 2017



Out of the Depths: The Blue Whale Story

Get up close to one of the world's most mysterious, and largest animals ever in this ROM original exhibition. Follow the 2014 story of the blue whales that captured the hearts of a nation. Tickets vary from \$19.00 - \$30.00.

When:

Every Tuesday May 25, 2017 - September 4, 2017

Where:

ROM- 100 Queens Park, Toronto



Adelaide Eats Outdoor Food Market

The Toronto Market Co team is bringing back their 3rd annual outdoor food market in the Financial District. Located at Adelaide and University, Adelaide Eats will feature 13 local chefs, restaurants and food entrepreneurs with dishes that will tantalize your taste buds. The market is open to the public on weekdays for eight weeks beginning June 1 2017.

When:

Every Wednesday June 1, 2017 – July 28, 2017

Where:

Adelaide Place, Toronto



2017 Toronto Summer Music Festival

This summer, in celebration of Canada's Sesquicentennial, we will explore the music of Canada and feature the very best of Canada's many world-renowned classical performers. Tickets range from \$13.00 - \$28.00 per concert.

When:

July 13, 2017 – August 5, 2017

Where:

Koerner Hall and Walter Hall, Toronto

Local & Community Happenings in July 2017

Toronto Public Library – St. James Town Branch
495 Sherbourne Street
416-393-7744

Wellesley Community Centre
495 Sherbourne Street
416-392-0227

The 519 – LGBTQ communities
519 Church Street
416-392-6874



Does your loved one require 1:1 visits with a volunteer?

Volunteers at Wellesley Central Place can spend time with your loved one while engaging in various leisure activities such as outdoor strolls in the backyard or courtyard, a visit to Our Lady of Lourdes Church, a trip to the library or coffee shop, reading and reminiscing.

If you would like to sign your loved one up for 1:1 volunteer visits please contact the Life Enrichment Staff on your floor.

Sydney - 416-929-9385 ext. 240

María - 416-929-9385 ext. 232

Joy - 416-929-9385 ext. 241



Dear Residents, Family and Friends

We want to know your feedback!!!

- What kinds of programs do you want to see?
- Do you enjoy the programs we have now?
- What kinds of outings would you like to go on?
- What kind of themed parties and events would you like to see?

We want to know your input. Please feel free to leave your drop box, or with the Life Enrichment Staff on your floor.

Kayla Johnston - 416-929-9385 ext. 257 (Manager of Programs)

Sydney - 416-929-9385 ext. 240 (2nd Floor)

Maria - 416-929-9385 ext. 232 (3rd Floor)

Joy - 416-929-9385 ext. 241 (4th Floor)



ALL ABOARD!

Everyone should be able to experience a cruise on the Grand River!

Join us on Monday August 21st as we set sail on a lunch cruise down the Grand River.

Family & Friends Welcome!

When: August 21st 2017

Time: We will be leaving WCP at 9:00AM. Boarding time is 11:30AM. Cruise length is 2 hours.

Cost: \$35.00 per Person

Lunch Menu: Fresh Baked Muffins & Juice upon boarding, home-baked bread, sliced roast beef (can be substituted with chicken or pasta), mashed potatoes, vegetables, home-baked apple pie, tea/coffee.

Spots are limited!

To reserve your spot please contact the Manager of Programs & Volunteer Services Kayla Johnston at 416-929-9385 ext 257.



Wellesley Central's Garden Centre

With Help from our Horticultural Therapist, Olivia - Everyone has a little bit of a green thumb... Make sure to check your calendar each month for the horticultural therapy program!



Welcome to the REKAI
Family
At WCP ...

Caroline Goodfellow

FAMILY

Artists' Corner



Bill Rankin and Helen Inglis (Below) showing off their ceramic piece made at All Fired Up Ceramics!



SUMMER BBQ's!



Summer unit **BBQ's** will be

Happening every

Friday at 12:00 PM

Friday July 7 2017

– 4 East BBQ

Friday July 14 2017

–2 West BBQ

Friday July 21 2017

–2 East BBQ

Friday July 28 2017

–3 West BBQ

Hamburgers and Hotdogs will be served in the backyard Courtyard!

July Bus Outings

Against the Grain Lunch

Tuesday July 4th 2017

11:15 AM- 2:30 PM

Contact: Maria Fabrychnava

Phone: 416-929-9385 x 232



Sunshine Centre for Seniors

Friday July, 7th 2017

8:30 AM – 4:30 PM

Contact: Sydney Ferguson

Phone: 416-929-9385 x 240



Burd's Fishing

Tuesday July, 11th 2017

10:00 AM – 4:00 PM

Contact: Sydney Ferguson

Phone: 416-929-9385 x 240



Picnic in the Park

Tuesday July 18th 2017

12:00 pm – 2:00 pm

Contact: Maria Fabrychnava

Phone: 416-929-9385 x 232



Falls view Casino

Wednesday July 19th 2017

10:00 AM – 5:00 PM

Contact: Joy Dungog

Phone: 416-929-9385 x 241



Sunshine Centre for Seniors

Monday July, 24th 2017

8:45 AM – 4:30 PM

Contact: Sydney Ferguson

Phone: 416-929-9385 x 240



Swimming Club at YMCA

Thursday July, 27 2017

1:00 PM – 4:30 PM

Contact: Joy Dungog

Phone: 416-929-9385 x 241



July Birthdays

In astrology, those born between July 1–22 are Cancer's Crabs. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of harmony at home and in the workplace. Those born between July 23–31 are Leo's Lions. Lions are the "kings" of the zodiac: dramatic, ambitious, confident, and hard to resist. Leos are also generous and loyal, putting both their family and friends first.

Leonie Prociuk	July 3
Leonard Coates	July 4
Raymond Thompson	July 4
Ann Craig	July 5
Gail Wilde	July 7
Peter Lee	July 7
Jake Karlinsky	July 14
Roman Repovz	July 18
Fred Jones	July 21
Gordon Sedgwick	July 27
Maureen O'Neill	July 29



In Loving Memory

Effat Shegefti



WELLESLEY CENTRAL PLACE UPCOMING BUS OUTINGS



August:

Canadian National Exhibition
Camping
Sunshine Center for seniors
Mykonos Mediterranean Lunch
Swimming at Variety Village



September:

Chudleigh's Apple Farm
Sunshine Center for seniors
Old Yorke Fish and Chips Lunch
Swimming at Variety Village



October:

Howling Hootenanny at Black Creek Village
Planet Bowl
Mandarin Lunch
Swimming at Variety Village

MANDARIN®

Please stay tuned for upcoming outings and further details in the next few months ...